

INTRODUCTION

Addiction is a difficult subject to address. Everyone has been affected by addiction in some form or in connection to someone. What steps can we take to help them or ourselves? Consider this throughout the series as we attempt to break every chain.

DISCUSSION QUESTIONS: *The focus – Grace is the power to change.*

1. From our notes on Sunday, we saw that the first step in helping someone fight addiction is to realize he/she needs God. What is one way you can help someone battling addiction realize their need for God?
2. Pastor Tracy said, “We don’t change when we see the light. We change when we feel the heat.” Do you agree with this? How can we help someone realize the need to change before it gets too hot?
3. Read **Romans 7:15 – 17**. Can you relate to the battle Paul is explaining in these verses? Talk about how you have experienced this battle.
4. Pastor Tracy explained that our sin nature produces a desire within us to play God. He said we try to control our image, other people and our pain. What are some consequences we face when we control these elements of our lives?
5. In Sunday’s message, Pastor Tracy explained that the cure to addiction is to admit we are powerless:
 - Admit I am powerless to change my past.
 - Admit I am powerless to control other people.
 - Admit I am powerless to cope with my hurts, habits and hang-ups.

Which of these is the most difficult to admit? Talk about why that is?

THINKING FORWARD:

Addiction is certainly a challenge we all face or have experienced in some capacity. Some addictions have not been made visible yet and are simply being managed right now. Addiction leaves us vulnerable and devastates our relationships. Let’s make sure to walk alongside those struggling and assist them in putting the pieces back together.

VERSE TO GO:

⁶But he gives us more grace. That is why Scripture says:

*“God opposes the proud
but shows favor to the humble.” (James 4:6)*